# Ten rules for art of motivating

#### BY V PRADEEP KUMAR

n organisations we often come across some highly enthusiastic and motivated people radiating positive energy all around. Such people are the star performers in organisations and the tragedy is that such people are so few and rare. Ever wondered where does that energy and enthusiasm come from?

The word 'motivation' is derived from the word 'motive' which means a cause, reason, basis, purpose, intention, influence, rationale, thinking, impulse, stimulus, inspiration, incitement, inducement, encourage, desire, attraction and so on. Earlier, the need for a job used to be critical and hence the desire or necessity to maintain the job would have overridden all other factors.

Not any longer! In today's changed scenario of lopsided manpower supply and demand, motivation has become far more important, as there are many other intrinsic and extrinsic factors which affect performance. Motivation is thus a somewhat complex area explained by numerous theories in human psychology.

In a survey of employees and managers, a very interesting point came across. Both managers and employees ranked the importance of various factors for high motivation. The results were startling. Managers ranked 'remuneration' and 'growth' as two most important factors for motivation where as employees' ranked 'appreciation of work' and 'being part of the organisation' as the two most important



ual needs.

It is fundamental to have a fair remuneration policy and need to be in line with the industry, to ensure that people love to work for us. Appraisal systems have to be open and transparent and it's more important that they are perceived to be so by employees.

### Recognition

Remember this is the most important factor for an employee and hence we need to appreciate even the smallest achievement in public. Conversely, failures should be criticised or taken up as far as possible in private unless it's a group failure.

Merit certificates, trophies, promotional schemes are very important from an employee's perspective. In my organisation in Dubai, an internal scheme called, "Fly Home as a Winner" is the most popular scheme every year. Often we don't try the simple things such as a pat on the back, considered one of the most important tools in employee motivation.

#### **Facilitate achievement**

In organisations which are objective or result driven like in predominantly marketing organisations, goal setting has to be ambitious but not impossible. Further there should be frequent monitoring and all resources made available to facilitate achievement.

Not being able to do an objective or goal, is one of the biggest demotivating factors as it seriously affects the self esteem in an employee and eventually the single most important factor for leaving the organization. No one wants to be a failure.

#### **Training and development**

Increasingly there is a desire amongst employees to upgrade themselves in terms of personality and knowledge. Training and development

programs.

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nal training programs as a method to still a sense of belonging. recognize individuals.

#### Health and hygiene

This is also basic need and organisations should apart from providing a basically clean work environment habits. should look at other factors as well. Health insurance is an important requirement and organisations should compulsorily provide the same. Many

programs have to be periodic and a firms also maintain sport clubs, health healthy mix of internal and external clubs, gyms and other facilities which also help in building communities Further, it's a good idea to use exter- within the larger organization and in-

> Organisations should get innovative too. Recently I came across an organiation in Dubai which has started providing fresh fruits and juices free to employees to develop healthy eating

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to assess both group and individ-Cerebra Integrated Technologies Ltd Medical Transcriptionists **Remuneration & appraisal** eGrove Systems Pvt. Ltd Junior Assistant Engineer Esika Infotech Pvt Ltd Branch Manager Indage Software & Services **IT** Recruiters

	Pvt Ltd	J.		
Developer / Sr Developer	Infotech Global (India) Limited	Bangalore	2 - 6 years	6005477
IP Telephony (IPT) Experts (CCVP/ACS)	IPsoft India Pvt. Ltd.	Bangalore	1 - 11 years	5725450
System Performance Engineer	Ivar Professional Services Private Limited	Bangalore	3 - 6 years	6007897
Level 2 Support Engineer	Jamcracker Software Technologies Pvt Ltd	Bangalore	2 - 4 years	5674297
Visual Designer	Kyocera Wireless (India) Pvt Ltd	Bangalore	2 - 5 years	6010464
Physical Design Engineer	NVIDIA Corporation	Bangalore	7 - 9 years	5481954
Maintenance Head	Samvith Technologies	Bangalore	5 - 10 years	6009168
IT Project Manager	Santech Cybernetics Pvt Ltd	Bangalore	5 - 8 years	5580645
Image Codec Developers	Sasken	Bangalore	1 - 7 years	5937470
Hardware ECU Designer	Siemens VDO Automative	Bangalore	2 - 5 years	6005332
Statutory Audits - Manager	Smarthink Business Solutions	Bangalore	7 - 15 years	4739616
SharePoint/MOSS 2007 architects	SourceEdge Software Technologies Pvt Ltd	Bangalore	4 - 7 years	6007677
GNOME/GTK Developer	Sun Microsystems	Bangalore	5 - 6 years	6005601
Principal - College of Nursing	T John Group of Institutions	Bangalore	10 - 20 years	5162479
MSSQL DBA	TekPerson	Bangalore	3 - 5 years	5995130
		Sanganore	,	

Bhrigus Software India Pvt Ltd



Delphi Developer



Job ID

5990773

4686056

6008427

Desired

Experience

3 - 8 years

1 - 2 years

1 - 3 years

Bangalore 2 - 5 years 6010813

8 - 15 years 6005457

Location

Bangalore

Bangalore

Bangalore

Bangalore



understand self.

The following can be an easy check

I have seen problems arising due to

Understand every employee espe-

list to follow in the art of motivating:

Maximise interaction

factors. It means that remuneration way in your career, think and list those and growth alone are not sufficient to factors which inspired you in the past. retain and motivate employees and It's also useful to list all those obstacles there are other factors which are inwhich came in your way and retarded creasingly becoming important. your own performance. In other words, before understanding others

This demonstrates the relevance of Maslow's theory of hierarchy of needs according to which human beings value 'esteem' and 'belonging' needs higher than the basic needs. In other words, acceptable remuneration and growth

have become balack of sufficient communication besic needs and we need to look at tween employees and their superiors other factors to in the absence of which employees ofensure high motiten make wrong assumptions, espelevel cially due to negative influences. vation across the organ-Therefore, take every opportunity to interact be it formal or informal. isation.

The simplest **Understanding employees** way to understand motivation is to just list all cially their family background and their specific priorities. As said earlifactors those which inspire us er, you cannot motivate everyone by to work. If you money and there are other factors as have come a long well. Use performance appraisals, or-

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It's also now a common practice in organizations to celebrate birthdays, festivals, product launches and organise office picnics etc.

A highly energetic, positive work environment free from politics and gossips is ideal and we should strive to achieve this. However, some amount of gossips is unavoidable and we should be alert to ensure that gossips if at all are there, are 'positive'. This will happen if 'positive' employees are part of the gossip. Similarly office politics can be a deadly menace and a negative and demotivating factor.

Every organisation has its vision and mission statements, which should be explained to every employee. Style of management should be open and participative. Managers should be always available with an open door policy to take suggestions or address grievances. Wherever possible, employees should be part of the decision making process and where this is not practical, they should be made to understand the basic logics. This will ensure sense of belonging and drive organizational resources to achieve the common vision.

It's shocking but true that in many organisations employees do not know or haven't met or heard the CEO's. It's important that such irregularities should be avoided and CEO's must make it a point to meet and address employees.

#### Innovate

There is only change which is permanent in this world. In a dynamic environment, what used to work till yesterday, may not work today.

There is always pressure to retain employees and get the best out of them, as recruitment and training is expensive. We as modern managers need to think on innovative methods to understand and motivate employees. While we are under pressure to motivate and retain employees for optimising performance, this is only one important aspect of management.

In an effort to motivate employees. it's critical that managers don't overdo in wooing employees and compromise on issues such as discipline which always should take precedence over other issues. There is a lot of science behind motivation and what motivates people. People need to be inspired, induced, incited or encouraged to remain motivated and perform at their true potential. Our communication skills including body language and gestures are significant in motivating employees.

While implementing all that we learn from the science of human psychology, it's more important how we implement them. Motivating people is therefore more an art than science.

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